

Medications that Increase Fall Risk - Workshop Plan	
Learning Objectives:	<p>Participants will be able to</p> <ul style="list-style-type: none"> • Briefly describe how each medication or therapy works • Describe how these medications are taken • Identify common side effects for each medication or therapy • Identify medications that increase your risk of having a fracture
Time: (min)	Workshop Details
2	<p>Workshop Sign-In</p> <ul style="list-style-type: none"> • Circulate the Workshop Sign-In Sheet while everyone is getting settled and during the introductions for the workshop • Prior to the start of the workshop, place a Medications that Increase Fall Risk - Workshop Guide on every desk/wherever participants will be seated <p>Starter [Slide 2]</p> <ul style="list-style-type: none"> • Participants should complete the LEFT SIDE of the quiz on page 1 of their Medications that Increase Fall Risk - Workshop Guide as part of the starter activity while everyone is getting settled and during the workshop introductions • Participants will return to this quiz at the end of the workshop as part of the Cool-down Activity
2	<ul style="list-style-type: none"> • After the starter activity, review the Agenda and Learning Objectives for the workshop [Slide 3, Slide 4] • indicate that the learning outcome for each slide will be located at the bottom of that slide [Slide 5] • encourage participants to complete their Medications that Increase Fall Risk - Workshop Guide during the workshop as this will provide them with a useful resource [Slide 6] • following these introductory slides, the facilitator will work through the PowerPoint slides with the participants, engaging the group in participant-centric activities while they complete the Medications that Increase Fall Risk - Workshop Guide
30	<p>Medications that Increase Fall Risk</p> <ul style="list-style-type: none"> • Review the content from each slide under each sub-heading comparing the information presented with the responses to the previous question from the group, highlighting aspects that were successfully identified • The recommendation is to always be as participant-centric as possible and engage the participants in as much of the learning process as possible <ul style="list-style-type: none"> ○ this can be accomplished by engaging the participants to volunteer to read content from the slides aloud to the group • Encourage participants to complete the appropriate section of their Medications that Increase Fall Risk - Workshop Guide (Increase Fall Risk) <ul style="list-style-type: none"> ○ May need to proceed slowly to allow participants to complete the fill-in-blank sections of their Workshop Guide
5	<p>Cool-down Activity</p> <ul style="list-style-type: none"> • Have participants review their quiz from the starter activity and complete the RIGHT SIDE of the worksheet as part of the Cool-down Activity to identify what they have learned during the workshop • With the person next to them, discuss what they learned in the workshop, what they found surprising about the information presented and what next steps they want to take (ie. what do they want to learn more about)

Resources:

- Medications that Increase Fall Risk - Facilitation Guide
- Medications that Increase Fall Risk - Presentation
- Medications that Increase Fall Risk - Workshop Plan
- Medications that Increase Fall Risk - Workshop Guide
- Workshop Sign-In Sheet
- Workshop Evaluation Form

Other Resources Needed:

- pens/pencils
- tables
- chairs